



*"A sense of place, a sense of self."*

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## **BASIC STAFF TRAINING PRACTICAL TEST STANDARDS**

Trainees must meet or exceed these practical skill and knowledge standards as certified by an adult Post Instructor, class teacher, or Advisor in order to be considered a member of the Post Staff.

### **Basic Staff Skill Set**

**10 Essentials:** Trainee lists and explains the necessity of at least 10 of the "essential" wilderness travel tools.

**Knots:** Trainee explains and demonstrates appropriate use of the

- bowline,
- clove hitch,
- trucker's hitch, and
- rewoven figure eight knots.

**Stoves:** Trainee explains and demonstrates how to set up, boil water with, and take down a backpacking stove such as the MSR Whisperlite International, and the setup, ignition, and take down of a kitchen propane stove.

**Rock Equipment:** Trainee explains and demonstrates harness use and safety, rewoven figure eight tie-in, and climber/belay communication protocols.

**Map and Compass:** Trainee explains all features of a sighting mirror-equipped compass, demonstrates map orientation, position finding (triangulation), and how to follow an off-trail bearing both alone and with a buddy.

**Radio:** Trainee explains and demonstrates proper call etiquette to including the use of the terms "over," "roger," and "clear", changing frequencies, and battery saving techniques, and explains use of the same frequencies by other local organizations.

### **Basic Staff Knowledge**

**Base Station:** Trainee explains the three fundamental functions of a base station which are

- group communication
- technical support for field teams, and
- emergency management.

**Kitchen:** Trainee explains the three fundamental parts of a camp kitchen which are

- boiling water,
- table surfaces, and
- a wash station.

**Post Administration:**

- Trainee explains the difference between "The Outdoor Ed. Post," the GHS Natural History class, and the Mountaineers organization.
- Trainee demonstrates critical thinking about Post leadership by asking two thoughtful questions about how trips are organized.

**Mission-Appropriate Conduct:**

- Trainee explains the Post Mission, Vision, and Values.
- Trainee explains the practical difference between what is "wrong" and what is "inappropriate."
- Trainee specifically explains how same-gender sleeping arrangements, use of audio/video equipment, and respecting Post staff leaders relates to our Mission, Vision and Values.

**Post History:** Trainee gives a brief description of the leadership and significant events from Post's inception to the present.